Using Signs & Synchronicities to Master the Law of Attraction

Learning How to Tell When You Are on the Right Track

Andrea Schulman
Using Signs & Synchronicities to Master the Law of Attraction

*Learning How to Tell When You Are on the Right Track*

Copyright ©2015 Andrea Schulman & RaiseYourVibrationToday.com

For more information, please visit
http://www.raiseyourvibrationtoday.com
Cover Image: pixabay.com
## CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTRODUCTION</td>
<td>4</td>
</tr>
<tr>
<td>CHAPTER 1</td>
<td>6</td>
</tr>
<tr>
<td>Warning Signs From the Universe</td>
<td>6</td>
</tr>
<tr>
<td>CHAPTER 2</td>
<td>9</td>
</tr>
<tr>
<td>Good Signs From the Universe</td>
<td>9</td>
</tr>
<tr>
<td>CHAPTER 3</td>
<td>11</td>
</tr>
<tr>
<td>Synchronicity: Another Positive Sign From the Universe</td>
<td>11</td>
</tr>
<tr>
<td>CONCLUSION</td>
<td>13</td>
</tr>
</tbody>
</table>
For those of us who seek to become better creators with the *Law of Attraction*, it is important to learn about the signs the universe is sending us. Though we have largely been trained to believe that magic exists only in fairytales, learning to look for magic in everyday life is how we unlock the power of the Law of Attraction.

In this book, I will present three important chapters to help you identify and understand some of the magical signs and synchronicities you may be receiving from the universe. Pay attention closely to these signs, and you will be able to tell when you are attracting (and repelling!) the things you want out of life. Knowing how to read the signs is a skill that can help you fine tune your ability to consciously create your reality.

Chapter 1 focuses on warning signs. There are a number of signs you may receive that can tell you when you are moving in a direction toward an unwanted reality. Each of these signs is an indication that you are negatively focused, and would benefit from using some strategies to raise your vibration. (*From: Warning Signs From the Universe, raiseyourvibrationtoday.com*)

Chapter 2 focuses on good signs. These are signs that tell you when you are in the process of attracting the things you want in life. When you see these signs, keep doing what you’re doing, and rejoice in the knowing that you are moving toward your dreams! (*From: 7 Lucky Signs That the Law of Attraction is Working For You, raiseyourvibrationtoday.com*)
Chapter 3 explains the phenomenon of synchronicity, and gives some common examples of it. Synchronicity is type of good sign you may receive from the universe, along with the signs illustrated in Chapter 2. (From: Are You Experiencing Synchronicity? raiseyourvibrationtoday.com)

I hope you find this book on signs and synchronicities useful.

All the best,

Andrea
CHAPTER 1

Warning Signs From the Universe

Many people believe that things “just happen” to them, but as we connect more closely to our intuition we are shown that everything that happens to us is of our own creation. We may not be fully aware of what we are creating moment to moment, but fortunately the universe provides us with many signs to let us know when we are on the right path, and (more importantly) when we are on the wrong path. This chapter will focus on the warning signs from the universe.

In general, warning signs from the universe occur in the form of unwanted circumstances and events. These signs are an indication that your energy is headed towards (or currently stuck in) a low vibrational frequency. Your thoughts, feelings and actions are focused negatively, and this is creating unwanted circumstances.

Conversely, when your thoughts, feelings and actions are moving at a high vibrational frequency, life will line up perfectly. You will have excellent timing and good luck all day long. This is why it’s so important to raise your vibration by consciously choosing positive thoughts.

Although we have the ability to resonate at a high vibrational frequency, it is challenging for us to stay elevated all of the time. This is because our souls are stuck here on Earth in a physical dimension
that is much denser and slower than the higher, ethereal dimensions. The simple makeup of our planet and bodies is composed of much lower vibrational energy than that of our souls.

As a result, we will likely bump up against unwanted circumstances from time to time, but that’s ok. As long as we heed these warning signs (without allowing our egos to fixate on them!) we can get back on track quickly.

As you move through your day, it’s a good idea to take note of the warning signs from the universe. Here are a few examples of signs to be mindful of:

**Warning Signs From the Universe**

1. Stubbing your toe
2. Getting stuck in traffic
3. Receiving dirty looks or snide remarks from others
4. Getting injured
5. Unexpected expenses or bills in the mail
6. Uneasy gut feelings
7. Arguments with your loved ones
8. Getting sick
9. Headaches
10. Losing or breaking your possessions
11 Unpleasant odors, sounds or tastes

Each of these signs is an indication that you need to center yourself and adjust your frequency. When you encounter one of these warning signs, please stop! Do not keep working on that task, or having that conversation, or obsessing over that thought that you were just having because it is not taking you where you want to be.

Instead, take a deep breath, step away from the situation, or even take a minute to meditate if you are able to. If you catch these warning signs quickly and respond immediately, the simple act of centering yourself will stop the negative momentum.

As a final note, please try not to obsess over a warning sign. Talking about it, thinking about it and replaying it your mind is a surefire way to lower your vibrational frequency. Take it for what it is, a simple “stop sign,” and move on from it. Please take care of your vibration; only give attention to the thoughts, feelings and actions that resonate with your soul’s natural frequency.

In the next two chapters, I will focus on the positive signs you may be receiving from the universe. Unlike the warning signs I just discussed, the positive signs coming up are all items that you can focus on and feel excited about. Rejoicing in good signs is a great way to bring more good things into your life.
CHAPTER 2

Good Signs From the Universe

Even if you understand the Law of Attraction well, you will still find that it usually takes some time for your dreams to manifest. While you are waiting for your new reality to arrive it’s a great idea to look for signs from the universe that your dreams are on their way. A little reassurance can help you keep a positive outlook, and keeping a positive outlook is critical!

Here are six signs that you are on the right track with the Law of Attraction. Be on the lookout for them, and when you see or feel them, smile and know you are moving in the right direction!

1. **Experiencing goosebumps or chills (not related to illness):** Have you ever noticed that when you’re listening to a song that you connect with strongly you suddenly get goosebumps or chills? Strong positive emotions can bring about goosebumps or chills; they are a solid indication that you are connected to your higher self and projecting the right vibrational energy to manifest your dreams.

2. **Flowing in and out of traffic without waiting at any long lights or getting stuck behind slow drivers:** This is a good indication that you are “going with the flow.” Going with the flow is the quickest way to attract what you want.
3 Seeing repeating number patterns, most notably 000, 1111, 333, 777, and 1234: Symbolically, each of these number patterns represent high vibrational energy. Look for them on license plates, phone numbers and digital clocks.

4 Your favorite songs are playing on the radio: You are projecting high vibrational emotions, so the universe is bringing you songs that reflect your high emotional state. Turn up the music and really appreciate it!

5 Seeing spiritual or positive cloud formations: Clouds in shapes like hearts, smiley faces and angels are symbolic indicators that you are on the right track.

6 Receiving compliments, hugs and positive attention from others: You are projecting love into the world, and therefore love is returning to you.

When you see or feel these signs take a moment to express gratitude to the universe for bringing you closer to your dreams. Your appreciation will intensify the magnetism of the Law of Attraction. The more that you appreciate these signs, the more of them will appear, and the faster the Law of Attraction will work!

The final chapter in this book will explain another good sign from the universe: synchronicity. When your vibration is high, you are likely to experience frequent synchronicities. For this reason, it’s beneficial to know what they are and to be aware of them when they occur.
CHAPTER 3

Synchronicity: Another Positive Sign From the Universe

Synchronicity is a term coined by famous psychologist, Carl Jung. It is the appearance of “meaningful coincidences” in your life that are unlikely, ironic and sometimes very helpful. This phenomenon is a “wink” from the universe, a sign of your intuition and connectedness. If you’ve been experiencing synchronicity, you’ve been in the right place, at the right time.

Though some would say the probability of one of these events is very low, for many people synchronicity happens all of the time. It is a magical phenomenon that lets us know we are open to spiritual guidance and on the right path.

So, are you experiencing synchronicity? Here are a few common examples that may have happened in your life:

1. Running into someone you were just thinking about, or receiving a phone call, text message or email from him/her.

2. Randomly coming across a product that solves a problem you’ve been having, even though you weren’t looking for it. Suddenly, an ad on TV or an item on the store shelf jumps out at you as if to say "Here! This is exactly what you need!"
3. Watching a movie or television show that has a story line mirroring your own current issues in life.

4. Hearing a couple of strangers out in public discussing something you’ve been thinking about in your own life.

5. Meeting a person who is able to assist you through a current challenge, randomly, as if they’ve been delivered directly to you to help.

6. Getting a reassuring message out of the blue, but at the right time. During a moment when you could use an emotional lift, perhaps your child suddenly turns to you and says "I love you." You might also open your email or mailbox and find a kind and uplifting message written by a friend or relative.

7. Amazing timing. One thing after another is delivered at exactly the right time. Everything lines up perfectly.

Though these are just a handful of examples, synchronicity can happen in many areas of your life. Have you experienced any of these synchronicities?
CONCLUSION

As you move forward in using the Law of Attraction, make it your mission to identify signs and synchronicities the universe is offering you. When we open our eyes to the magic around us, we soon find that magic is everywhere, and the universe surrounds us with guidance to direct us toward our dreams.

Remember, when you encounter any of the warning signs illustrated in Chapter 1, take some time to work on raising your vibration. Resist the temptation to get upset or dwell on these signs. Instead, take them for what they are (simple signs) and immediately begin to work on focusing your awareness in a more positive direction.

When you encounter any of the positive signs or synchronicities listed in chapters 2 and 3, congratulate yourself for a job well done. When we receive good signs, it is always a good idea to take a moment to be appreciative and grateful. Our attention to positive signs attracts even more positive things to us with the Law of Attraction.

Keep looking for the signs as you progress on your path. I wish you all the best in your journey of becoming a master conscious creator.

Happy Manifesting!

Andrea Schulman & RaiseYourVibrationToday.com